

Sanskriti School

Enrichment Classes begin on March 4th!

Parents,

Starting on March 4th we will be offering **enrichment** classes (10 weeks) for culture. Please register for 2 classes of your child's choice. Language enrichment classes begin on April 15th (5 weeks). No registration is required for language.

Language enrichment classes will be taught starting April 15th between 10 and 11am during the language hour. In Language Enrichment all currently enrolled Hindi or Gujarati students will have a chance to exercise their language skills in fun and engaging activities. Students will practice speaking, reading and writing (where appropriate) using everything from nursery rhymes, story books, games and cartoons led by parent volunteers. This enrichment class is mandatory for all language children and no registration is required.

Culture enrichment classes will be offered between 11am and noon during the Culture hour. These classes are designed to offer our children an intensive, hands-on exposure to various sports, dance, art & craft forms with the intent of giving them a flavor and appreciation of our rich Indian culture. **Children currently enrolled in Culture classes are required to take enrichment classes. Any child in culture who does not register online for enrichment will be randomly assigned to whichever class there is availability.** Children must sign up for two (5 week) sessions. They can pick one of the following classes in the first session and a different class for the second session. The last day of school (June 3rd) will include a showcase of what the children have learned in enrichment. The following classes will be offered this year:

1. Traditional Indian Art Forms:

This year's art enrichment students will explore two very distinct Indian folk art forms – Madhubani and Warli art, students will receive a hands on demonstration of the specific techniques. They will then be given the opportunity to express their creativity by applying their mastery of the technique and create their very own Madhubani and Warli masterpiece. Children will also be engaged in Arts and Crafts projects such as Tie-Dye, Block Print and more.

Instructor: Anjali Nerurkar, parent and teen volunteers

Age group: 5 - 13 years

Note: Children can pick Art in either the first or second session.

2. Desi Sports

This year's sports will focus on a variety of Indian Sports. Lessons will focus on teaching the rules, skills and technique of playing Carom, Cricket, Lagori, Kabadi and other sports of Indian origin. Please contact neeta.juvekar@sanskritiofnj.org with questions, suggestions or to volunteer.

Instructors: Sanskriti Sports Team (Coordinated by Neeta Juvekar)

Age group: 5 - 13 years

Note: Children can pick Sports in either the first or second session.

3. Bollywood Dance

Bollywood Dance and song sequences have been an integral component of movies across India. It is common to see western and classical dance numbers side by side in the same film. Typically, the hero or heroine performs with a troupe of supporting dancers. Many song and dance routines in Indian films feature dramatic shifts of location and changes of costume between verses of a song.

In this enrichment course, Bollywood dance, children will learn a dance routine with an emphasis on having fun. The dance will be set to a Bollywood song which they will perform at the India fest on June 10th.

Instructor: Shilpa Bekal and parent volunteers

Age group: 5 - 13 years

Note: Children can pick Dance in either the first or second session.

4. Indian Cooking

In this class students will have the opportunity to cook delicious, healthy, and quick vegetarian Indian dishes. Research shows that children are more likely to eat healthy meals if they are involved in preparing them. This class will be a fun way for students to get their hands "dirty" while cooking and then enjoy the yummy dishes they prepare. Students will also learn the basics of various spices used in Indian cooking as well as the regional difference between Indian cuisines.

Please note: Students will engage in some chopping in this class. Most of the cooking will be done using electric stove/skillet.

Instructor: Irma Maini, parent and teen volunteers

Age: 7-13 years

Note: Children can pick Cooking in either the first or second session.

What does this cost?

FREE for Sanskriti School Culture children.

\$120 for Sanskriti of NJ members who are NOT currently enrolled in culture.

10% sibling discount.

Need more information?

If any of this is confusing and you need more information as you make your choices or are doing your online registration – please feel free to contact us.

Nimita Shah

nimita.shah@sanskritiofnj.org

Sangeetha Nayak

sangeetha.nayak@sanskritiofnj.org

973-943-2098

Irma Maini

irma.maini@sanskritiofnj.org

201-602-7324